

**Supplementary Table S1.** Threshold-based compensation ( $>41$  minutes) by experiment (complete pairs only). Counts classify  $\Delta$  = Experimental – Control (minutes). Threshold set at 41 minutes.

	<b><math>&gt; 41</math> min</b>	<b><math>\leq 41</math> min</b>	<b>Row total</b>
<b>Experiment 1</b> (Day 1)	5	5	10
<b>Experiment 2</b> (Day 2)	3	7	10
<b>Column total</b>			<b>20</b>

Note: Complete pairs (n=10: IDs 1, 2, 3, 4, 5, 8, 9, 12, 15, 19). “ $> 41$  min” indicates a large compensation day.  $\chi^2$  (Yates) = 0.00,  $p = 1.00$ ; Fisher’s exact  $p = 1.00$ ; McNemar exact  $p = 0.625$ . Results are sensitive to the chosen threshold and marginal counts (e.g., a 6/2 vs 2/6 split would be significant at  $p < 0.05$ ).